



**Combo side:** Choice of chips or fruit cup | **Premium Side:** Adobo Lime Tots, Sweet Potato Fries or Little Salad +3 |  
**Beverage Add-on:** Fresh Brewed Tea +2, or Organic Agave Refresher for +4

**PROTEIN BOWL**

Chile Verde Bowl Combo Meal	Gluten Free	Your protein, avocado, black bean, cilantro, onion, corn, bell pepper, lime wedge & white rice served with chile verde or or spicy salsa roja	\$14.50
Teriyaki Ginger Bowl Combo Meal	Gluten Free	Your protein, broccoli, edamame, carrot, cabbage, green onion, sesame seed & white rice, served with teriyaki ginger sauce	\$14.50
Baja Cali Bowl Combo Meal	Gluten Free	Your protein, black bean, corn, cilantro, tomato, zucchini, fresno chile, pickled onion, cotija, lime wedge, white rice & cabbage slaw served with baja green sauce	\$14.50
Thai Chili Peanut Bowl Combo Meal	Gluten Free	Your protein, cabbage, carrot, edamame, peanut, green onion, shishito pepper & white rice, served with thai chili peanut sauce	\$14.50
Argentinian Chimichurri Bowl Combo Meal	Gluten Free	Your protein, chickpea, onion, tomato, shishito pepper, mushroom & white rice, served with chimichurri sauce	\$14.50
Greek Mezze Bowl Combo Meal	Gluten Free	Your protein, cucumber, tomato, kalamata olive, chickpea, mixed greens, feta & white rice, served with greek lemon vinaigrette & chimichurri hummus	\$14.50
Miso Ginger Bowl Combo Meal	Gluten Free	Your protein, avocado, broccoli, cabbage, green onion, edamame, furikake, brown rice, served with miso ginger dressing	\$14.50
Turmeric Ginger Coconut Curry Combo Meal	Gluten Free	Choice of chicken or chickpeas, yellow curry with coconut milk, ginger, onion & tomato topped with pickled onion and cilantro, served over white rice	\$14.50
Ahi Tuna Poke Bowl Combo Meal	Gluten Free	Ahi tuna, avocado, cucumber, edamame, green onion, lime wedge, furikake & white rice, served with poke sauce	\$16.75



Spicy Poke Bowl Combo Meal	Gluten Free, Spicy	Ahi tuna, avocado, cucumber, edamame, pickled onion, green onion, cilantro, furikake, lime wedge & white rice, served with teriyaki, sriracha aioli	\$16.75
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## GRILL WRAPS

Half Wrap Combo Meal		Choice of Half GTG Caesar Wrap, Chipotle Ranch Wrap, Greek Mezze Wrap, Thai Peanut Wrap	\$9.95
GTG Caesar Wrap Combo Meal		Your protein, mixed greens, artichoke, pickled onion, tomato, parmesan cheese & crispy chickpeas tossed with GTG caesar dressing, in a wheat tortilla	\$14.50
Chipotle Ranch Wrap Combo Meal		Your protein, avocado, black bean, corn, tomato, cilantro, cheddar jack, mixed greens tossed with chipotle ranch, in a chipotle tortilla	\$14.50
Greek Mezze Wrap Combo Meal		Your protein, artichoke, bell pepper, pepperoncini, kalamata, mixed greens, chimmichurri hummus & tossed with greek vinaigrette, in a wheat tortilla	\$14.50
Thai Peanut Wrap Combo Meal		Your protein, cabbage, bell pepper, edamame, carrot, mixed greens, peanut & tossed with thai chili peanut sauce, in a chipotle tortilla	\$14.50

## BURGERS & SANDWICHES

Grass Fed Burger Combo Meal		Two grass fed beef patties, grilled onion, tomato, mixed greens, pickle, monterey jack, sriracha aioli on a grilled brioche bun	\$15.50
Vegan Char Burger Combo Meal	Vegan	Beyond Meat patty, vegan cheddar cheese, grilled onion, grilled mushroom, arugula, tomato, pickle & vegan dijonaise on a grilled brioche bun	\$15.50
Nashville Hot Chik'n Sandwich	Vegan	Plant-based Beyond chicken tenders tossed in Nashville hot sauce, topped	\$15.50



Combo Meal		with cabbage slaw, pickles & vegan ranch on a grilled brioche bun	
Chicken Club Sandwich Combo Meal		Grilled chicken, avocado, bacon, cabbage slaw, tomato, jack cheese, chipotle ranch on a grilled ciabatta bread	\$15.50
Chimichurri Steak Sandwich Combo Meal		Grilled steak, arugula, avocado, pickled onion, tomato, jack cheese, chimichurri sauce on a grilled ciabatta bread	\$15.95
Chickpea Salad Sandwich Combo Meal	Vegetarian	Chickpea salad with carrot celery onion and currant topped with tomato, mixed greens on a grilled ciabatta bread	\$15.50

**TACOS & FLATBREAD MELTS**

Baja Cali Shrimp or Fish Tacos Combo Meal	Gluten Free	Blackened shrimp or salmon tacos, avocado, cabbage slaw, pickled onion, fresno chile, lime wedge & cotija, in three blue corn tortillas, with baja green sauce & chipotle ranch	\$16.75
Spicy Chicken Tacos Combo Meal	Gluten Free	Three grilled chicken tacos with avocado, jalapeno, cabbage slaw, lime wedge & cotija in blue corn tortillas, with chipotle ranch & spicy salsa roja	\$15.50
Chimichurri Chicken Melt Combo Meal		Grilled chicken, arugula, broccoli, grilled onion, chopped bacon, cheddar jack & chimichurri, on a grilled flatbread	\$15.50
Philly Chicken Melt Combo Meal		Grilled chicken, bell pepper, pepperoncini, grilled onion, mushroom, cheddar jack & chipotle ranch, on a grilled flatbread	\$15.50
Mediterranean Veggie Melt Combo Meal	Vegetarian	Artichoke, chickpea, mushroom, onion, tomato, zucchini, kalamatas, feta cheese, arugula & chimichurri hummus, on a grilled flatbread	\$14.25



## SIGNATURE SALADS

GTG Caesar Salad Combo Meal	Gluten Free	Your protein, mixed greens, artichoke, pickled onion, tomato, parmesan cheese & crispy chickpeas & GTG caesar dressing	\$14.75
Avocado Bacon Ranch Combo Meal	Gluten Free	Your protein, mixed greens, avocado, black beans, bacon, corn, tomato, crispy fried onion strings & chipotle ranch	\$14.75
Southwest Salad Combo Meal	Gluten Free	Your protein, mixed greens, bell pepper, black bean, corn, cilantro, green onion, tortillas strips, lime wedge, cheddar jack, agave lime vinaigrette	\$14.75
Greek Mezze Salad Combo Meal	Gluten Free	Your protein, mixed greens, artichoke, kalamata, olive, pepperoncini, cucumber, chickpea, oregano, feta, crispy chickpeas & greek lemon vinaigrette	\$14.75
Thai Chili Peanut Salad Combo Meal	Gluten Free	Your protein, mixed greens, bell pepper, cucumber, cabbage, carrot, edamame, peanut & thai chili peanut sauce	\$14.75
Miso Ginger Salad Combo Meal	Gluten Free	Your protein, mixed greens, avocado, carrot, cabbage, edamame, furikake, green onions, miso vinaigrette.	\$14.75

## CHEFS SPECIALS

Spicy Korean Bowl Combo Meal	Gluten Free, Spicy	Your choice of protein, fried egg, kimchi, zucchini carrots, onions, mushrooms, edamame, green onion & furikake served with spicy gochujang sauce	\$14.95
Korean Kimchi Tacos Combo Meal	Gluten Free, Spicy	Three grilled steak tacos, avocado, mushrooms, kimchi, cabbage slaw, green onion, lime wedge & sesame seed, in blue corn tortillas, with spicy gochujang sauce & kimchi aioli	\$16.75



**PALEO KETO & LO-CARB**

PK Chimichurri Bowl Combo Meal	Gluten Free	Your protein, bell pepper, onion, tomato, shishito pepper, mushroom, chimichurri sauce, over mixed greens	\$14.25
PK Greek Salad Combo Meal	Gluten Free	Your protein, mixed greens, artichoke, kalamata olive, cucumber, pepperoncini, oregano, feta, greek vinaigrette	\$14.25
PK Grass Fed Burger Combo Meal	Gluten Free	Grass fed beef, avocado, tomato, pickle, monterey jack, sriracha aioli, in a lettuce wrap	\$14.25

**BREAKFAST & BRUNCH**

Chili Crunch Egg Bowl Combo Meal	Gluten Free	Sunny side up eggs, cilantro, green onion, chili crunch, furikake, soy sauce, lime wedge & white rice	\$8.95
Huevos Rancheros Bowl Combo Meal	Gluten Free	Sunny side up eggs, tomato, black bean, cilantro, lime wedge, cotija & white rice, with choice of chile verde or spicy salsa roja	\$8.95
Southwest Scramble Bowl Combo Meal	Gluten Free	Your protein, scrambled egg, black bean, corn, bell pepper, onion, cheddar jack & breakfast potatoes with choice of chile verde or spicy salsa roja	\$11.95
Cali Breakfast Sandwich Combo Meal		Scrambled eggs with bacon, green onion & cheddar jack cheese, topped with avocado, tomato & arugula with chimichurri sauce on a grilled ciabatta roll.	\$13.95
Medi Breakfast Sandwich Combo Meal		Egg whites with chicken sausage, tomato and feta cheese, topped with pickled onion, arugula and greek vinaigrette on a grilled ciabatta roll.	\$13.95
Breakfast Tacos Combo Meal	Gluten Free	Your protein, scrambled egg, cilantro, pickled onion, green onion & cheddar jack in three blue corn tortillas, with chipotle & choice of chile verde or spicy salsa roja	\$11.95
Southwest Breakfast Burrito Combo Meal		Scrambled eggs, bacon, bell pepper, onion, cilantro, breakfast potatoes &	\$13.95



		cheddar jack with choice of chile verde or spicy salsa roja in a chipotle wrap	
Cali Breakfast Burrito Combo Meal		Scrambled eggs, bacon, black bean, cilantro, green onion, roma tomato, cheddar cheese, adobo seasoned tots & baja sauce in a chipotle wrap	\$13.95
Vegan Breakfast Burrito Combo Meal	Vegan	Vegan eggs, soyrizo has, corn, black beans, bell pepper, vegan cheese, & breakfast potato with choice of chile verde or spicy salsa roja in a wheat wrap	\$13.95
Belgian Waffles and Fresh Fruit Combo Meal	Gluten Free, Vegan	Fresh pressed belgian style vanilla waffles served with fresh fruit, chocolate chips, granola & peanuts served with vegan whipped cream & maple syrup	\$12.95